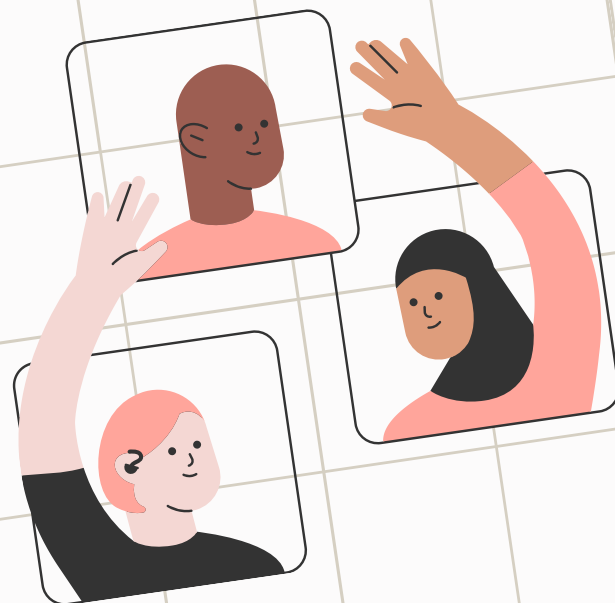




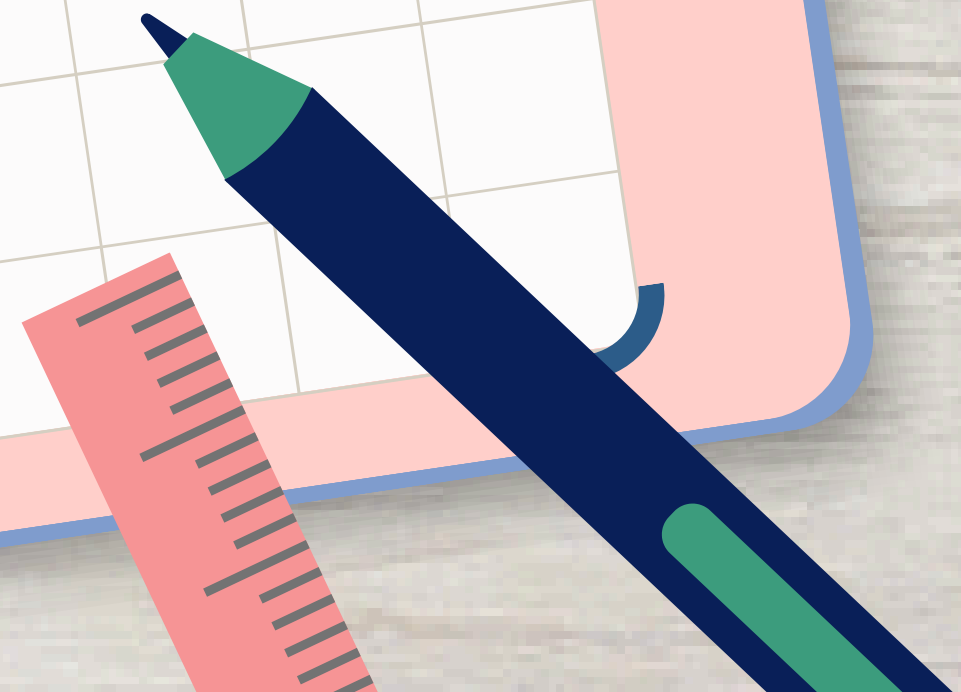
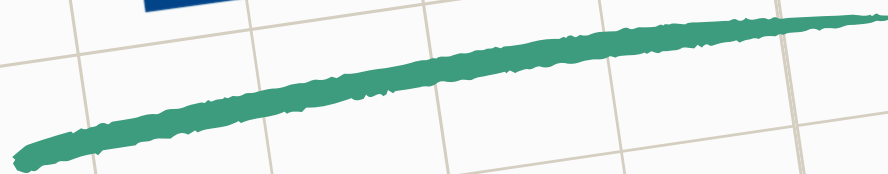
DiverseMind



Workshop for Peer learners



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Introduction

Welcome to **Diverse Minds**, a project inspired to help students understand that everyone learns in their own unique way.

In this presentation, we'll focus on: ADHD

You'll also take part in a few interactive games and activities to help you experience some of the challenges your classmates might face and discover ways we can all support each other in learning

Remember: Different minds learn in different ways- and that's what makes our classrooms stronger.





What is neurodiversity?

Neurodiversity means that everyone's brain works in its own special way. Just like we all look different or have different hobbies, we also think, learn, and understand things in different ways – and that's completely normal.



Examples of neurodivergence

Autism – differences in communication, social interaction, and sensory experiences.

ADHD – differences in attention, focus, and energy levels.

Dyslexia – differences in reading and language processing.

Dyscalculia – differences in understanding numbers and maths.

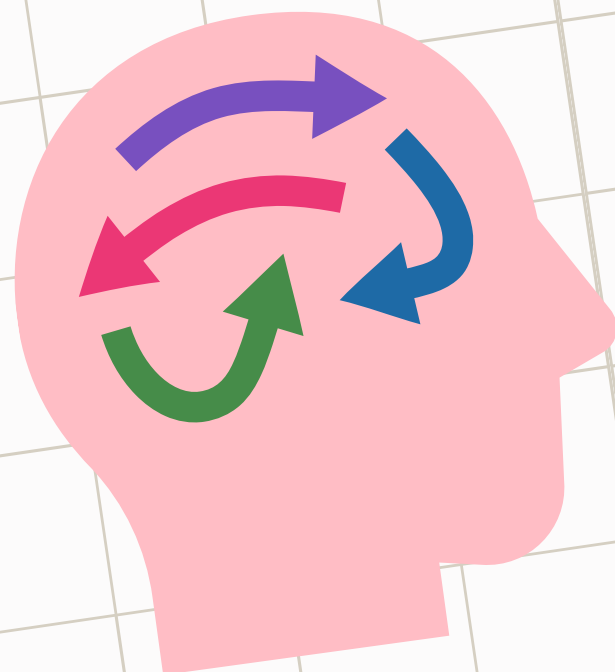


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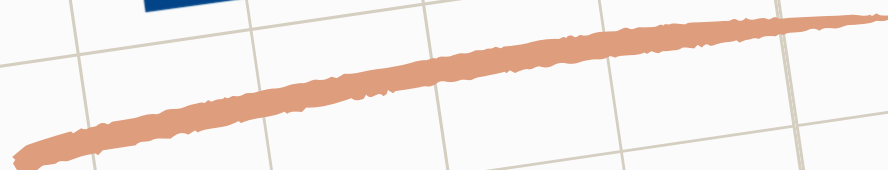


Chapter 4

ADHD



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What is ADHD?



ADHD (Attention-Deficit/Hyperactivity Disorder) is when a child's brain works a little differently.

Kids with ADHD may find it hard to pay attention, sit still, or remember instructions.

Sometimes they may act or speak very quickly without thinking.

Even though some things are harder, kids with ADHD can be very creative, energetic, kind, and smart.

With help, understanding, and practice, they can learn and do great things



Why we made this:



1

It shows how to be kind, patient, and helpful with a friend who has ADHD.

When we help each other, everyone can learn and feel happy together



2

Sometimes you might need:

Patience, clear instructions, extra time, and kind help from friends



- Friends
- Clarity
- Support



How can I help a friend?



Be kind, patient, and understanding with your friend.

If they forget what to do, you can help them remember or explain it again.

Invite them to play, share, and work in a team with you.
Being a good friend can help them feel happy and included

Don't laugh, get angry, or say mean things if they move a lot or get distracted.





Game 1: A day in Leo's head



1

Purpose of the Game:

Understand how an ADHD classmate **feels** and how can we **help** him

2

Game Rules:

You will be involved into **three stations**: (The noise station, the movement station and the memory/change station). It is crucial to work on these station **seriously** because you will be **stimulated** as an ADHD friend in his daily life





Game 2: The traffic light challenge



Purpose of Game:

- 1 To empathize with ADHD friends and how **difficult** is for them to keep **focused on** a task

Game Rules:

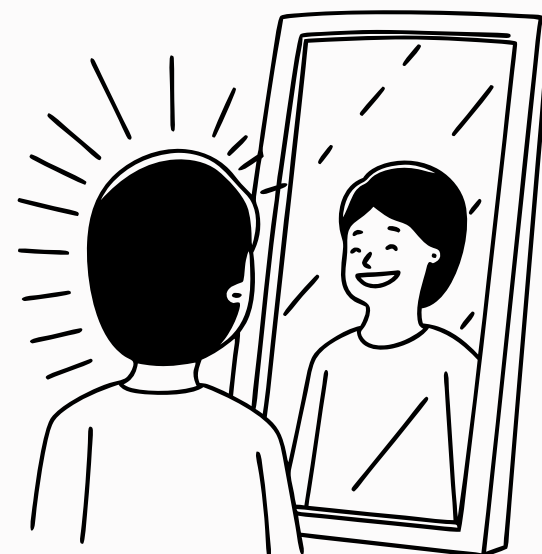
- 2
 - If the traffic light shows **green**, we continue with the task calmly.
 - If it shows **yellow**, the traffic light will give a new instruction
 - If it shows **red**, we must stop everything we are doing and wait

Reflection



3

List 3 things that you learned about Neurodiversity from this chapter.



2

Describe 2 ways you can assist a peer with the need identified in this chapter?

1

Identify one area you want to personally improve, specifically about including and supporting the need in this chapter.

Thank You



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